

# **Academic Catalog**

September 2022 – August 2023



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### Mission, Goals and Objectives

# Holmes Institute® offers quality distance education graduate programs in consciousness studies to spiritual leaders preparing for service in the global community.

Goal: Our goal is to provide quality instruction to future spiritual leaders so that they may fulfill the Mission. Through the courses that comprise the program, students engage in the process of becoming powerful spiritual leaders. The distance education courses provided through Holmes Institute® educate students in consciousness studies from the foundation of applied metaphysics. Holmes Institute's program is unique in its incorporation of religious/spiritual, scientific, philosophical, educational, psychological, and leadership-oriented coursework. All of these subject areas influenced and continue to influence the development of the applied metaphysics tradition. Applied metaphysics draws from the traditions from across the world's religious and spiritual teachings (especially their mystical branches) and integrates science, psychology, and philosophy. Applied metaphysics' focus is on the work done in the individual consciousness to understand more deeply, to incorporate various perspectives, to seek similarities between people and cultures, and to live with integrity following a set of spiritual principles. As individuals' consciousness changes, so the cultural consciousness changes. The changes in individual consciousness come first before any real and substantive change occurs in the outer world. Holmes Institute® believes it is important to develop the ability to discern how individual thinking creates life experiences and how changed thinking creates new experiences, and to understand how this perennial principle has been discussed over the centuries. Our vision is to assist the spiritual leaders of the 21st century and beyond to learn the tools and skills required to lead and guide others in navigating life in the current and future environment of ever-more-rapid change, global climate crisis, need for deep community in a world of virtual living, and shift from "religious" to "spiritual" life.

# Program Outcomes Master's in Consciousness Studies

#### Students will be able to:

- Differentiate religious, philosophical, and scientific origins of consciousness studies.
- Apply psychological theory to support and promote individual and community spiritual growth.
- Adapt spiritual leadership practices to real-world scenarios.
- Analyze selected scientific theories as applied to concepts and practices of spirituality.
- Synthesize consciousness concepts and apply research methods to spiritual community life.

#### Certificate in Spiritual Education

#### Students will be able to:

- Differentiate religious, philosophical, and scientific origins of consciousness studies.
- Adapt spiritual leadership practices to real-world scenarios.
- Analyze selected scientific theories as applied to concepts and practices of spirituality.



### Accreditation

Accredited by the Distance Education Accrediting Commission
The Distance Education Accrediting Commission is listed by the U.S. Department of Education as a recognized accrediting agency.

The Distance Education Accrediting Commission is recognized by the Council for Higher Education Accreditation (CHEA).



Distance Education Accrediting Commission 1101 17<sup>th</sup> Street NW Suite 808 Washington, DC 20036 202-234-5100 https://www.deac.org/

# National Council for State Authorization Reciprocity Agreements (NC-SARA) <a href="http://nc-sara.org/">http://nc-sara.org/</a>

Holmes Institute® is a member of NC-SARA. The State Authorization Reciprocity Agreement is a voluntary agreement among its member states and U.S. territories that establishes comparable national standards for interstate offering of postsecondary distance-education courses and programs. It is intended to make it easier for students to take online courses offered by postsecondary institutions based in another state.

Holmes Institute® is authorized under the Colorado Commission on Higher Education under the Degree Authorization Act, C.R.S., 23-2-103.3 (4).



### **Administration & Staff Contact Information**

Holmes Institute® 573 Park Point Dr. Golden, CO 80401-7042 Phone: 720-496-1370

Fax: 303-526-0913

Office open Monday-Thursday 8:00 am to 6:00 pm Mountain

Rev. CC Coltrain President

Phone: (937) 305-8698

Email: ccoltrain@holmesinstitute.edu

Greg Salyer, Ph.D.
Chief Academic Officer
gsalyer@holmesinstitute.edu

Dar Herfurt Administrative Registrar Phone: 720-279-8992 Fax: 303-526-0913 Email: <a href="mailto:dherfurt@csl.org">dherfurt@csl.org</a>

Matthew Taylor Student/Faculty Support Coordinator Email: mtaylor@holmesinstitute.edu

Librarian Services

Email: librarian@holmesinstitute.edu

ADA Coordinator (Rev. CC. Coltrain) ada@holmesinstitute.edu

Website: https://holmesinstitute.edu/



### Introduction

This program examines the great wisdom of the world. Students study the world's most influential religions, philosophy, psychology, science and spirituality, leadership, and education. You will experience the same synthesis of great wisdom and universal spiritual principles that Dr. Ernest Holmes did in developing philosophy, faith, and way of life into what he called the Science of Mind and Spirit. This philosophy embodies much of ancient wisdom, yet with a "new thought" about what that wisdom teaches. The Holmes Institute® provides you the opportunity to study with current experts in the six disciplines.

A spiritual leadership academic program is based on the need for diverse and comprehensive education. Spiritual Leaders are expected to be conversant in a variety of topics including New Thought and the metaphysical philosophers who preceded it. You will become knowledgeable about other great world religions, including Christianity, Buddhism, Islam, Judaism, Hinduism, Sufi, Kabbalah, and read the great minds of Classical Philosophy. You will become aware of humanistic psychology, learning theory and the latest scientific thinking that relates to spirituality.

All this coheres into a foundation that allows you as a spiritual leader to respect and honor all faiths, all spiritual paths, and all traditions, and to move yourself and your community into a larger perspective and a more inclusive and creative worldview.

#### Coursework

All Holmes Institute® courses are delivered via distance education (online). These courses provide the academic foundation in a series of theoretical courses offered by internationally known professors. Registration is done online. Students are linked to their course materials, book lists, course requirements, dates and times for video conferences, etc. Direct any questions or concerns to the Administrative Registrar.

Courses are generally comprised of 10 one-hour lectures (audio or video) and one introductory video, required textbooks, and two or three video conferences with the professor and classmates. All courses require assessments, usually written essays or exams, and participation in discussion forums. Generally, students take two of these courses per term. A few courses are delivered in real-time via videoconferencing.

#### Capstone Exams

In order to successfully complete the program, each student must take and pass five (5) proctored comprehensive Capstone Exams covering the six major areas of study. The Capstone Exams are offered twice each year. Students are assessed a one-time fee of \$75 to be paid prior to taking the Capstone Exams.

These Capstone Exams are graded by ministers licensed by Centers for Spiritual Living. All graders have accredited Master's Degrees. All answers to these exams must meet the equivalent of a passing grade of A or B for satisfactory completion.

Students must submit a government-issued picture ID (e.g., driver's license) to take exams.



Students need reliable internet access with speeds suitable for streaming video and accessing large files. Students will also need an email account and word processing software that can save files in Microsoft Word (or Word-compatible) format.

#### Initial Program Exams

In addition to the Capstone Exams, which are taken upon completion of the program, at least one proctored examination must be taken by all students. The initial program exam occurs after students complete REL 501, World Religions. Part of the final assessment for REL 501 is a one- to two-hour proctored examination.



### **Admissions**

The Holmes Institute® enrollment policy allows students to enter the program at the beginning of any term. Students to either the certificate or master's degree program must meet the following admissions requirements.

#### Requirements

The Holmes Institute® is open to anyone who earned an accredited bachelor's degree with a minimum 3.0 GPA. Also required are:

- Two recommendations from long-time professional colleagues or personal acquaintances.
- The language of instruction at the Holmes Institute® is English. Students whose first language is not English must submit evidence of passing a Test of English as a Foreign Language (TOEFL) with a minimum score of 60 (PBT) or 72 (iBT).

#### How to Apply

- 1. Contact the Administrative Registrar for more information about the program, receive a link to your application materials and review the admission process.
- 2. The Administrative Registrar will provide you with a link to complete the online application.
- 3. Complete application and return it with your payment of the \$75 application fee and autobiography. Send both documents to the Administrative Registrar. During the admissions process, students are required to submit a copy of a government-issued photo identification for their file (e.g., driver's license, passport, etc.). Contact the Administrative Registrar at <a href="mailto:admissions@holmesinstitute.edu">admissions@holmesinstitute.edu</a> for a link to pay the application fee online.
- 4. Send requests for letters of recommendation. If you are also applying to the Centers for Spiritual Living School of Spiritual Leadership, use the recommendation form provided by the Administrative Registrar. If you are applying only to Holmes Institute®, letters from people who know you well are requested.
- 5. Request official transcripts from your previously attended schools. If the bachelor's degree was earned at an international institution, students are required to have their official transcript evaluated by a member of NACES to determine whether the degree earned is equivalent to a baccalaureate degree earned in the U.S. If the transcript is not in English, it must be submitted through World Education Services Credential Evaluation. Submit the original transcript and the English translation with the application packet. The student is responsible for any fees.
- 6. Turn in all documentation to the Administrative Registrar before the admission deadline.

Your academic advisor makes a recommendation for admission. Admission approval is subject to completion of all application requirements. The final step in the admissions process is a short interview with the President of Holmes Institute® to clarify the structure of the program and the nature of online learning, and to ensure the student feels the Institute's program will meet his or her educational plans. Finally, the interview is an opportunity to discuss any issues that may have arisen during the administration's review of the student's application. The Administrative Registrar will notify the student of admission approval and provide you with a link to pay the \$200 enrollment fee. Complete and return the enrollment agreement with payment of this fee.

#### Quarterly Admission Deadlines

• Fall Term: July 1



Winter Term: October 1Spring Term: January 1Summer Term: April 1

#### **Enrollment Requirements**

Students may complete either the certificate or master's degree program in as few as two years and as many as six years. Students enroll for one term at a time, and they pay tuition for one term at a time. They may apply to enter Holmes Institute® during any of the four terms per year. To remain in good standing, a student must maintain Satisfactory Academic Progress including a cumulative grade point average of at least a 3.0, a course completion pace of at least 67%, and take one course in at least three of the four terms in an academic year. See the Satisfactory Academic Progress and Leave of Absence policies below for more information.

Students need reliable internet access with speeds suitable for streaming video and accessing large files. Students will also need an email account and word processing software that can save files in Microsoft Word format. Students must also submit a valid government-issued ID for identity verification.

# **Technology Requirements**

All students must have regular access to e-mail and have a dedicated e-mail address to fully participate in their program of study. All students must have access to a web browser to access the Student Portal which is the structure through which all distance courses are delivered. Chrome and Firefox are the recommended web browsers. All courses utilize news forums. All courses also regularly utilize e-mail with the faculty and other students throughout the academic year, and videoconferences using Zoom regularly occur between faculty and students. Therefore, all students must have a computer with a camera and microphone and adequate bandwidth (wired or wireless min. 3G) to accommodate videoconferencing, as well as downloading and uploading documents to the student portal on the learning management system. The Zoom system supports the following browsers:

• Windows: Edge 12+, Firefox 27+, Chrome 30+

macOS: Safari 7+, Firefox 27+, Chrome 30+

Linux: Firefox 27+, Chrome 30+

If you have any questions concerning technology, contact the Student/Faculty Support and Learning Technologies Manager at <a href="mailto:mtaylor@holmesinstitute.edu">mtaylor@holmesinstitute.edu</a>.



# **Graduation Requirements**

### Master's in Consciousness Studies Program

Students must complete the following graduation requirements:

	Distance Education Course Requirements
Science	12
Religion	18
Psychology	6
Philosophy	9
Leadership	6
Education	3
Total Quarter Credits	54

### Certificate in Spiritual Education Program

Students must complete the following graduation requirements:

	Distance Education Course Requirements
Science	6
Religion	9
Psychology	3
Philosophy	6
Leadership	3
Elective	3
Total Quarter Credits	30

All students must complete their program with a cumulative GPA of not less than 3.0 (B).



# Tuition and Expenses for Academic Year 2022-23

Master's in Consciousness Studies		
Application fee (\$75) and enrollment fee (\$200)	\$275	
18 three-credit courses at \$550 each	9,900	
Capstone Exam fee	75_	
Total for Master's in Consciousness Studies	\$10,250	
Estimated Vearly Expenses over a Three V	aar Drogram	
Estimated Yearly Expenses over a Three-Ye	ear Program	\$275
Application  First Year		\$275
Six three-credit courses		3,300
Six tillee-credit courses		\$3,575
Second Year		75,575
Six three-credit courses		3,300
SIX times discuit sources		3,333
Third Year		
Six three-credit courses		3,300
Capstone Exam fee		75
		3,375
<b>Total for Master's in Consciousness Studies</b>	<del></del>	\$10,250
Certificate in Spiritual Education		
Application fee (\$75) and enrollment fee (\$200)	\$275	
10 three-credit courses at \$550 each	5,500	
Capstone Exam fee	75	
Total for Certificate in Spiritual Education	\$5,850	
Estimated Yearly Expenses over a Three-Ye	ear Program	
Application		\$275
First Year		
Four three-credit courses		2,200
_		\$2,475
Second Year		
Three three-credit courses		1,650
Third Year		
Three three-credit courses		1,650
Capstone Exam fee		75

Actual annual tuition and expenses may vary depending on an individual student's enrollment pace. Students have a minimum of two, and maximum of six, years to complete the program. Costs do not include the cost of books or other materials. Book expenses are estimated at \$1,061-1,350. Tuition and fees shown are those in effect at the time of publication of this catalog; they may change with prior notice to students.

**Total for Certificate in Spiritual Education** 



### **Academic Calendar**

Fall 2022

Application Deadline: July 1, 2022

Registration: August 3 at 9:00 am to August 24, 2022 at 5:00 pm Mountain

(first day, August 3, is restricted to Senior students)

New Student Call:

Term:

Capstone Exams:

Capstone Retakes (if necessary):

August 1, 2022 at 5:00 pm Mountain

September 12 to November 21, 2022

September 26 to November 7, 2022

TBS during week of December 5, 2022

Winter 2023

Application Deadline: October 1, 2022

Registration: November 2 at 9:00 am to November 23, 2022 at 5:00 pm

Mountain

New Student Call: Tuesday, November 1, 2022 at 5:00 pm Mountain

Term: January 9 to March 20

Spring 2023

Application Deadline: January 1, 2023

Registration: February 22 at 9:00 am to March 15, 2023 at 5:00 pm Mountain

New Student Call: February 20, 2023 at 5:00 pm Mountain

Term: April 3 to June 12, 2023 Capstone Exams: April 17 to May 29, 2023

Summer 2023

Application Deadline: April 1, 2023

Registration: May 10 at 9:00 am to May 31, 2023 at 5:00 pm Mountain

New Student Call: May 8, 2023 at 5:00 pm Mountain
Term: June 26 to September 4, 2023
Capstone Retakes: Three days, scheduled as needed



# **Course Schedule**

### Master's in Consciousness Studies

This is our suggested order of courses for the program.

Term	Area	No.	Title	Instructor	Units	Capacity
			Required			
Fall/Spring	EDU	501	Research Methodology	Dr. Victoria Bomberry	3	15
Winter/Summer	LAD	504	Teaching & Learning	Laura Hallett	3	15
			Online/Facilitating Virtual			
			Community			
Fall/Spring	REL	501	World Religions	Dr. Greg Salyer	3	20
Winter/Summer	REL	504	Understanding the Bible	Dr. Greg Salyer	3	20
Spring	PSY	504	Speaking Earth: Planetary	Dr. Craig Chalquist	3	25
			Psychology, Philosophy, &			
			Cosmology			
Spring	SSP	503	Science and Spirituality	Dr. Amit Goswami	3	25
Winter	SSP	508	Spirituality and the Brain	Mark Waldman	3	30
				Dr. Andrew Newberg		
Fall	PSY	503	Wm. James & the Stream of	Dr. Jeffrey Mishlove	3	25
			Consciousness			
			Choose One			
Spring	PHI	508	Paradigms of Consciousness	Dr. Christian de Quincey	3	25
Winter	PHI	509	Mythology, Cosmology &	Dr. Devon Deimler	3	25
			Worldview			
			Choose One			
Spring	LAD	501	Outer and Inner Creativity	Dr. Janelle Barlow	3	25
Winter	LAD	503	Fostering a Noble Purpose	Dr. Johanna Janssen	3	25
Fall	LAD	506	Theory and Practice of Spiritual	Dr. Bary Fleet	3	25
			Leadership			
			Choose One			
Winter	PHI	502	Classical Philosophy	Dr. Pierre Grimes	3	25
Fall	PHI	505	Birth of Consciousness	Dr. Greg Salyer	3	15
			Choose One			
Summer	PHI	504	Mind in the Cosmos	Dr. Christian de Quincey	3	25
Fall	PHI	506	Writings of Thomas Troward	Dr. Tom Sannar	3	15
Winter	PHI	507	Emerson and American Idealism	Dr. Greg Salyer	3	15
			Choose Four			
Fall	REL	502	Spiritual Philosophies of the West	Dr. Stephan Hoeller	3	25
Fall	REL	503	Wisdom of Kabbalah	Dr. Yosef Rosen	3	25
Spring	REL	505	Upanishads and Bhagavad Gita	Dr. Krista Noble	3	25
Summer	REL	506	Buddhism in the Modern World	Dr. Kim Kaiser	3	25
Spring	REL	507	Gnosticism	Dr. Stephan Hoeller	3	25
Spring	REL	509	Eclectic Writings of Holmes	Dr. Tom Sannar	3	15
Winter	REL	510	African Americas Diasporic	Dr. Will Coleman	3	25
			Spirituality			
			Choose Two			
Summer	SSP	502	Psi Research	Dr. Jeffrey Mishlove	3	25
Spring	SSP	506	Essentials of Mind/Body Medicine	Dr. Martin Rossman	3	25
Fall	SSP	507	Quantum Doctor	Dr. Amit Goswami	3	25
Spring	SSP	506	Essentials of Mind/Body Medicine	Dr. Martin Rossman	3	



# Certificate in Spiritual Education

This is our suggested order of courses for the program.

Term	Area	No.	Title	Instructor	Units	Capacity
			Required			<u> </u>
Winter/Summer	LAD	504	Teaching & Learning Online/Facilitating Virtual Community	Laura Hallett	3	15
Fall/Spring	REL	501	World Religions	Dr. Greg Salyer	3	20
Winter/Summer	REL	504	Understanding the Bible	Dr. Greg Salyer	3	20
Spring	PSY	504	Speaking Earth: Planetary Psychology, Philosophy, and Cosmology	Dr. Craig Chalquist	3	25
Winter	SSP	508	Spirituality and the Brain	Mark Waldman	3	30
				Dr. Andrew Newberg		
Spring	SSP	503	Science and Spirituality	Dr. Amit Goswami	3	25
Spring	REL	509	Eclectic Writings of Holmes	Dr. Tom Sannar	3	15
			Choose One			
Spring	PHI	508	Paradigms of Consciousness	Dr. Christian de Quincey	3	25
Winter	PHI	509	Mythology, Cosmology & Worldview	Dr. Devon Deimler	3	25
			Choose One			
Winter	PHI	502	Classical Philosophy	Dr. Pierre Grimes	3	25
Fall	PHI	505	Birth of Consciousness	Dr. Greg Salyer	3	15
			Electives - Choose One			
Fall	LAD	506	Theory and Practice of Spiritual Leadership	Dr. Bary Fleet	3	25
Summer	PHI	504	Mind in the Cosmos	Dr. Christian de Quincey	3	25
Fall	PHI	506	Writings of Thomas Troward	Dr. Tom Sannar	3	15
Winter	PHI	507	Emerson and American Idealism	Dr. Greg Salyer	3	15
Fall	REL	502	Spiritual Philosophies of the West	Dr. Stephan Hoeller	3	25
Fall	REL	503	Wisdom of Kabbalah	Dr. Yosef Rosen	3	25
Spring	REL	505	Upanishads and Bhagavad Gita	Dr. Krista Noble	3	25
Summer	REL	506	Buddhism in the Modern World	Dr. Kim Kaiser	3	25
Spring	REL	507	Gnosticism	Dr. Stephan Hoeller	3	25
Winter	REL	510	African Americas Diasporic Spirituality	Dr. Will Coleman	3	25



## Course of Study

#### Master's in Consciousness Studies

#### Program Outcomes:

- Differentiate religious, philosophical, and scientific origins of consciousness studies.
- Apply psychological theory to support and promote individual and community spiritual growth.
- Adapt spiritual leadership practices to real-world scenarios.
- Analyze selected scientific theories as applied to concepts and practices of spirituality.
- Synthesize consciousness concepts and apply research methods to spiritual community life.

#### Education

Required total quarter credit hours: 3

#### **EDU 501** Research Methodology (required)

3 quarter credit hours

Dr. Victoria Bomberry

This course is an introduction to the craft of research. Students are introduced to the relevancy of research in ministry and spiritual leadership. During the course, students are guided through the thinking in research. The objective of the course is to teach the students how to conduct a systematic problem. Students will have the opportunity to learn how to apply their understanding of research to their work in other courses as well as in their role as spiritual leaders.

#### Leadership

Required total quarter credit hours: 6

#### LAD 501 Outer and Inner Creativity

3 quarter credit hours

Dr. Janelle Barlow

This course will focus on understanding what creativity is, how it occurs and which skills are applied to facilitate the creative process. This course emphasizes techniques to enhance creativity and their application in a variety of settings. Students will learn the necessary and essential skills to be more creative, so they may utilize the methods and techniques taught to effectively work with their own ministry, help build spiritual community, and create innovative programs and services.

# LAD 503 Fostering a Noble Purpose for the Individual and the Organization

3 quarter credit hours

Dr. Johanna Janssen

This powerful course guides the student through the process of defining their Noble Purpose for their life through a five-session series of live teleconferences with the instructor. By moving through the steps and wisdom of their Essential Self. The remaining five sessions empower the student to take this same process into leadership to create purposeful, high-spirited communities and organizations.

# LAD 504 Teaching & Learning Online/Facilitating Virtual Community 3 quarter credit hours (required)

Rev. Laura Hallett

During this real-time, interactive, on-line course, students learn to use technology to expand the reach of their spiritual leadership, no matter what form that leadership may take. Students will learn how to facilitate community on-line using the most current learning theories as well as experience using those



theories during real-time, collaborative facilitation experiences. All students will refine their teaching skills. Students will study transformational learning and may transform the way they think about themselves as learners and spiritual leaders. This class meets weekly in real time for two hours per week.

#### LAD 506 Theory and Practice of Spiritual Leadership

3 quarter credit hours

Dr. Bary Fleet

This course addresses the challenge of leadership in a spiritual community by reviewing and applying relevant theories of leadership to the practice of spiritual leadership. The approach considers the challenges in building and sustaining a vibrant leadership council and community that fulfills its vision and mission. Emphasis is placed on exercise of leadership as service-oriented and context-bound. Through lectures, cases studies, and exercises, students work to seek practical solutions to actual and hypothetical dilemmas in leading spiritual communities.

Philosophy

Required total quarter credit hours: 9

One of either is required:

- PHI 502 Classical Philosophy
- PHI 505 Birth of Consciousness in Early Greek Thought

One of the any is required:

- PHI 504 Mind in the Cosmos
- PHI 506 Complete Writings of Thomas Troward
- PHI 507 Emerson and American Idealism

One of either is required:

- PHI 508 Paradigms of Consciousness
- PHI 509 Mythology, Cosmology & Worldview

#### PHI 502 Classical Philosophy

3 quarter credit hours

Dr. Pierre Grimes

This course surveys the origins and outcomes of the early thinkers who have come to be associated with the core foundation of classical philosophy. It begins with a study of pre-Socratic thinkers and traces the evolution of concepts about consciousness as developed by some of the world's greatest philosophers. Through a study of pre-Socratic philosophers, we glimpse into the origins and early development of philosophy which later led to a system of thought developed by Plato, Aristotle, Plotinus, and Proclus. Their wisdom and insights about the nature of man and the world have proven to be profound as well as lastingly beautiful.

#### PHI 504 Mind in the Cosmos

3 quarter credit hours

Dr. Christian de Quincey

This course explore a cosmology where cosmos and consciousness have coexisted from the beginning. We will closely examine the mysterious relationship between mind and matter from the perspectives of four major worldviews—dualism, materialism, idealism, and panpsychism - and will focus on the "most



likely" story that can account for mind in the cosmos. A key guide on our journey will be philosopher and mathematician Arthur M. Young, and his seven-stage model of the evolution of consciousness.

#### PHI 505 The Birth of Consciousness in Early Greek Thought

3 quarter credit hours

Dr. Greg Salyer

This course addresses a period of history that the modern philosopher Eric Voegelin named The Great Leap of Being, a few thinkers on the fringes of the Greek world began to explore the nature of the cosmos and with it the nature of human being. The Great Leap of Being described a period roughly from 800-300 BC when many great teachers were alive and presenting consciousness-altering visions of truth, reality and meaning. An important addition to course material will be a consideration of the Eleusinian and Delphic Mysteries and their relation to a new vision of consciousness.

#### PHI506 The Complete Writings of Thomas Troward

3 quarter credit hours

Dr. Tom Sannar

This course explores the complete writings of Thomas Troward based upon all of his published books and shows why Troward is the foundation for the entire teaching of Science of Mind and Spirit as it was intended by Dr. Ernest Holmes. To understand the complete theoretical foundation of Science of Mind and Spirit, it is necessary to understanding of the complete writings of Troward.

#### PHI 507 Emerson and American Idealism

3 quarter credit hours

Dr. Greg Salyer

This course will explore the work and thought of American philosopher Ralph Waldo Emerson through the development of what came to be known as Transcendentalism. We will study how this philosophy developed from the Perennial Philosophy through European Idealism to become a unique expression of a vital philosophical vision.

#### PHI 508 Paradigms of Consciousness

3 quarter credit hours

Dr. Christian de Quincey

A paradigm is a framework of beliefs about reality shared by a community and affirmed through communal behavior. A "paradigm of consciousness" is a system of beliefs about the nature of consciousness and how it relates to physical reality. Society today is a result of past paradigms of consciousness. This course explores the emerging "new" paradigm of holism — a shift from a mechanistic/separatist worldview to a creative, dynamic process of dialogue, feedback, integration and interrelationship. We will examine the four major worldviews that attempt to explain how consciousness relates to the physical world (dualism, materialism, idealism, and panpsychism) and we will see that all other paradigms of consciousness are variations or combinations of these. Throughout the course, students are guided to personalize the notion of "paradigms" by recognizing the limitations of all beliefs as ways to know reality. We will see how "personal paradigms" are embedded in cultural belief systems. Students are encouraged to examine their own beliefs and to explore the possibilities of learning and knowing through experience beyond belief. In the final weeks of the course we will switch from an intellectual approach to exploring practical and ethical implications of the various worldviews. Students will be introduced to Bohmian Dialogue as a way to shift from a concept-dominated view of the world to a more intuitive and feeling-based one.

PHI 509 Mythology, Cosmology, & Worldview

3 quarter credit hours

Dr. Devon Deimler



Myth is a creature of shifting forms and meanings. Mythology (the study of myth), therefore, is a creature of many eyes—many ways of seeing myth (including barely seeing it at all!). This course will introduce core theories for understanding myth from those branches of the humanities that have especially adopted myth into their methods, including religious and ritual studies, depth psychology, hermeneutics, aesthetics, and the arts. We will explore the historical and continuing relationship of myth and philosophy, creative and imaginal engagements with myth, and modern interpretations of just what constitutes the mythic. We will look at myth from the perspectives of creation, destruction, perpetuation, and from below (the underworld). And, of course, we will approach myth through its own stories. Myth is, by one definition, the stories we tell ourselves *about* ourselves; they form our very worldviews and the cosmologies that comprise our sense of place and value. Myth illustrates the sacred in the profane. It functions consciously and unconsciously, metaphorically and physically. Myth has the power to do great harm and to provide great healing and guidance. This course aims to help students appreciate the scope of myth, to consciously and conscientiously engage myths from "other" cultures, and—above all—to notice the myths at work in their own lives and times.

Psychology

Required total quarter credit hours: 6

# PSY 504 Speaking Earth: Planetary Psychology, Philosophy, and Cosmology 3 quarter credit hours (required)

Dr. Craig Chalquist

The key endeavor of this course is to learn about and practice ways of turning up the ongoing conversation, largely nonverbal and unconscious, between ourselves and the world, including natural settings, elements, rivers, seas, and hills, but also objects, roadways, houses, and cars. We will work psychologically, philosophically, and spiritually, surveying paths delineated and making a few of our own.

The disciplines involved include depth psychology, deep ecology, ecopsychology, ecotherapy, ecospirituality (including spiritual ecology), dream studies, terrapsychology, nature mythology and folklore, and Hermeticism as a lost Earth-honoring wisdom path.

# PSY 503 William James and the Stream of Consciousness (required) 3 quarter credit hours Dr. Jeffrey Mishlove

William James is possibly America's most important thinker of the nineteenth century. He is known as the father of psychology in the United States, one of the founders of the pragmatic school of philosophy, and the thinker who initiated the academic study of religious experience. In addition, he was a deep student of psychical research and engaged in scientific study of spiritualistic claims. This course focuses on James' classic essay, "The Stream of Consciousness", and elucidates the influences on James' thinking – including Emanuel Swedenborg, Franz Anton Mesmer, Ralph Waldo Emerson, and Charles Sanders Peirce. It also explores subsequent developments that have emerged in the wake of James' pioneering work – including applications in social activism, hypnosis, psychotherapy, psychic healing, and consciousness research.

Religion

Required total quarter credit hours: 18

**REL 501** World Religions (required)

3 quarter credit hours



Dr. Greg Salyer

This course offers an overview of the many great spiritual traditions of the world. Buddhism, Christianity, Hinduism, Islam, Judaism, Taoism, and others are introduced with an emphasis upon Judeo-Christian and Eastern concepts of consciousness.

#### **REL 502** Spiritual Philosophies of the West throughout History

3 quarter credit hours

Dr. Stephan Hoeller

This course explores ancient Mediterranean wisdom and its influence upon Western culture and spiritual philosophies. The course looks at the religion of Mithras, ancient Persian god of light and an important forerunner of Christianity, the recurrent deific figure of Hermes Trismegistus and the discipline of alchemy.

#### REL 503 Wisdom of Kabbalah

3 quarter credit hours

Dr. Yosef Rosen

This course focuses on the central teaching of Kabbalah, the Jewish mystical tradition that emerged in 12th-century Provence and profoundly influenced European spirituality. This course explores themes of Ein S of (God as Infinity), Ayin (the divine nothingness), Shekhinah (the feminine nature of God), and Raising the Sparks (discovering God in everyday life). We will study the original teachings of Kabbalah, translated from Hebrew and Aramaic.

#### **REL 504** Understanding the Bible (required)

3 quarter credit hours

Dr. Greg Salyer

This course offers an alternative approach to the bible's essential teachings with respect to its spiritual, literary and poetic significance. The course will aid the student in understanding how the Biblical words were understood by those who first heard them, as well as how we understand them today.

#### REL 505 The Upanishads and the Bhagavad Gita

3 quarter credit hours

Dr. Krista Noble

This course reviews the wisdom of the Upanishad and the Bhagavad Gita, The Song of God, which is the essence of Hindu spirituality. It is said that hearing the Upanishads with understanding leads from ignorance to liberation. The major themes of the Upanishads will be examined philosophically, as well as with integral realization in mind.

#### REL 506 Buddhism in the Modern World

3 quarter credit hours

Dr. Kim Kaiser

Buddhism is an integrated system that incorporates religious belief, philosophical analysis, and scientific inquiry. The foundation of the theory and practice of Buddhism focuses on the realities of suffering, its source and the path to liberation. These ancient teachings will be integrated with contemporary field of knowledge, including psychology, physics and medicine.

#### **REL 507** Gnosticism: The Path of Inner Knowledge

3 quarter credit hours

Dr. Stephan Hoeller

This course explores the practices of modern Gnosticism, a spiritual philosophy which flourished during the first three centuries of the Christian Era. Gnosticism holds that the path of enlightenment is in gnosis (true knowledge), which consists of both knowledge of the inner spiritual self and knowledge of divinity. This course is based primarily on the Nag Hammadi documents with emphasis on the contemporary relevance of Gnostic teachings.



#### **REL 509** The Eclectic Writings of Holmes

3 quarter credit hours

Dr. Tom Sannar

This course introduces the primary ideas of Dr. Ernest Holmes which create the foundation of our teaching called Science of Mind and Spirit. We compare and contrast the ideas found in all of his writings, including unpublished material, from 1916 through 1959.

#### **REL 510** African Americas Diasporic Spirituality

3 quarter credit hours

Dr. Will Coleman

This course will study the sacred text and spiritual practices of the ancient West African Yoruba (Nigeria) and Dahomey (Benin) people. This spirituality is called "Ifa" and its sacred text is "The Holy Odu." During the centuries of European enslavement of Africans, they spread in various ways and are recognized throughout African Diasporic religions such as Candomble (Brazil), Lukumi (Cuba) and Santeria (Puerto Rico). Some components of them are present in Vodou (Haiti) as well. They were also transmitted into the more Protestant and resistant culture of the United States in a veiled form. In addition to Hoodoo, enslaved Africans embedded them into their emergent forms of African American Christianity, especially within the "Sanctified Church."

Science and Spirituality

Required total quarter credit hours: 12

#### SSP 502 Psi Research

3 quarter credit hours

Dr. Jeffrey Mishlove

This course surveys the current scientific studies and field research of paranormal phenomena and theories, including synchronicity, distant viewing, clairvoyance, precognition, and survival of consciousness after death.

#### **SSP 503 Science and Spirituality** (required)

3 quarter credit hours

Dr. Amit Goswami

This course is a brief history of the conflict between sciences and spiritual traditions. It reviews the reasons behind the division, and explores the possibility of integrating scientific and spiritual cosmologies with respect to current perspectives of science and spiritual practices for inner growth. It also covers the basics of quantum physics and the connections between quantum physics and spirituality.

#### SSP 506 The Essentials of Mind/Body Medicine

3 quarter credit hours

Dr. Martin Rossman

This course addresses the multifaceted dimensions of mind/body healing and reviews the expert mental data emerging from a variety of fields of study and research. The question which underscores the whole realm of mind/body medicine is, "Can consciousness heal the body of disease as claimed in all spiritual traditions and as vindicated by the data?" New and old answers to this question are explored as well as recent discussions about quantum healing and science within the study of consciousness.

#### SSP 507 The Quantum Doctor

3 quarter credit hours

Dr. Amit Goswami

This course introduces an integral paradox-free approach to medicine based on quantum physics and the primacy of consciousness. The student learns how principles underlying both conventional allopathic



medicine and alternative medicine can all be incorporated within the metaphysics of the primacy of consciousness. Various techniques of alternative medicine are explained from the perspective, such as the quantum chi of Chinese medicine and acupuncture, the East Indian medicine system of Ayurveda, chakra medicine, homeopathy, mind-body medicine, mental and spiritual healing. Finally, the student explores the healing path as a path to spiritual growth.

#### **SSP 508** Spirituality and the Brain (required)

3 quarter credit hours

Mark Waldman and Dr. Andrew Newberg

This course examines the current neuro-scientific evidence showing how spiritual practices, religious beliefs, and positive thinking affect cognition, emotional regulation, and physiological health — and how to apply that knowledge in ways that can improve our communication, teaching, and spiritual leadership skills.



### Certificate in Spiritual Education Leadership Required total quarter credit hours: 3

# LAD 504 Teaching & Learning Online/Facilitating Virtual Community (required)

3 quarter credit hours

Rev. Laura Hallett

During this real-time, interactive, on-line course, students learn to use technology to expand the reach of their spiritual leadership, no matter what form that leadership may take. Students will learn how to facilitate community on-line using the most current learning theories as well as experience using those theories during real-time, collaborative facilitation experiences. All students will refine their teaching skills. Students will study transformational learning and may transform the way they think about themselves as learners and spiritual leaders. This class meets weekly in real time for two hours per week.

#### LAD 506 Theory and Practice of Spiritual Leadership

3 quarter credit hours

Dr. Bary Fleet

This course addresses the challenge of leadership in a spiritual community by reviewing and applying relevant theories of leadership to the practice of spiritual leadership. The approach considers the challenges in building and sustaining a vibrant leadership council and community that fulfills its vision and mission. Emphasis is placed on exercise of leadership as service-oriented and context-bound. Through lectures, cases studies, and exercises, students work to seek practical solutions to actual and hypothetical dilemmas in leading spiritual communities.

Philosophy

Required total quarter credit hours: 6

One of either is required:

- PHI 508 Paradigms of Consciousness
- PHI 509 Mythology, Cosmology, and Worldview

One of either is required:

- PHI 502 Classical Philosophy
- PHI 505 Birth of Consciousness in Early Greek Thought

#### PHI 502 Classical Philosophy

3 quarter credit hours

Dr. Pierre Grimes

This course surveys the origins and outcomes of the early thinkers who have come to be associated with the core foundation of classical philosophy. It begins with a study of pre-Socratic thinkers and traces the evolution of concepts about consciousness as developed by some of the world's greatest philosophers. Through a study of pre-Socratic philosophers, we glimpse into the origins and early development of philosophy which later led to a system of thought developed by Plato, Aristotle, Plotinus, and Proclus. Their wisdom and insights about the nature of man and the world have proven to be profound as well as lastingly beautiful.



#### PHI 504 Mind in the Cosmos

3 quarter credit hours

Dr. Christian de Quincey

This course explores a cosmology where cosmos and consciousness have coexisted from the beginning. We will closely examine the mysterious relationship between mind and matter from the perspectives of four major worldviews—dualism, materialism, idealism, and panpsychism - and will focus on the "most likely" story that can account for mind in the cosmos. A key guide on our journey will be philosopher and mathematician Arthur M. Young, and his seven-stage model of the evolution of consciousness.

#### PHI 505 The Birth of Consciousness in Early Greek Thought

3 quarter credit hours

Dr. Greg Salyer

This course addresses a period of history that the modern philosopher Eric Voegelin named The Great Leap of Being, a few thinkers on the fringes of the Greek world began to explore the nature of the cosmos and with it the nature of human being. The Great Leap of Being described a period roughly from 800-300 BC when many great teachers were alive and presenting consciousness-altering visions of truth, reality and meaning. An important addition to course material will be a consideration of the Eleusinian and Delphic Mysteries and their relation to a new vision of consciousness.

#### PHI506 The Complete Writings of Thomas Troward

3 quarter credit hours

Dr. Tom Sannar

This course explores the complete writings of Thomas Troward based upon all of his published books and shows why Troward is the foundation for the entire teaching of Science of Mind and Spirit as it was intended by Dr. Ernest Holmes. To understand the complete theoretical foundation of Science of Mind and Spirit, it is necessary to understanding of the complete writings of Troward.

#### PHI 507 Emerson and American Idealism

3 quarter credit hours

Dr. Greg Salyer

This course will explore the work and thought of American philosopher Ralph Waldo Emerson through the development of what came to be known as Transcendentalism. We will study how this philosophy developed from the Perennial Philosophy through European Idealism to become a unique expression of a vital philosophical vision.

#### PHI 508 Paradigms of Consciousness

3 quarter credit hours

Dr. Christian de Quincey

A paradigm is a framework of beliefs about reality shared by a community and affirmed through communal behavior. A "paradigm of consciousness" is a system of beliefs about the nature of consciousness and how it relates to physical reality. Society today is a result of past paradigms of consciousness. This course explores the emerging "new" paradigm of holism — a shift from a mechanistic/separatist worldview to a creative, dynamic process of dialogue, feedback, integration and interrelationship. We will examine the four major worldviews that attempt to explain how consciousness relates to the physical world (dualism, materialism, idealism, and panpsychism) and we will see that all other paradigms of consciousness are variations or combinations of these. Throughout the course, students are guided to personalize the notion of "paradigms" by recognizing the limitations of all beliefs as ways to know reality. We will see how "personal paradigms" are embedded in cultural belief systems. Students are encouraged to examine their own beliefs and to explore the possibilities of learning and knowing through experience beyond belief. In the final weeks of the course we will switch from an intellectual approach to exploring practical and ethical implications of the various worldviews.



Students will be introduced to Bohmian Dialogue as a way to shift from a concept-dominated view of the world to a more intuitive and feeling-based one.

#### PHI 509 Mythology, Cosmology, & Worldview

3 quarter credit hours

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Required total quarter credit hours: 9

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3 quarter credit hours

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Science and Spirituality

Required total quarter credit hours: 6

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### **Faculty**

Janelle Barlow, Ph.D. Ph.D., Education, University of California Berkeley jabarlow@alloutperform.com Victoria Bomberry, Ph.D Ph.D., Modern Thought and Literature, Stanford University warmicha@mac.com **Craig Chalquist** Ph.D. in Depth Psychology, Ecopsychology emphasis, Pacifica Craig@chalquist.com **Graduate Institute** M.S. in Marriage & Family Therapy, California Lutheran University Dr. Will Coleman Ph.D., Philosophical Theology, Systematic Theology, Philosophy of Wcolemanphd33@gmail.com Religion, Theological Hermeneutics, Graduate Theological Union, Berkeley, CA Christian de Quincey, Ph.D. Ph.D., Philosophy & Religion, California Institute of Integral Studies cdeq@christiandequincey.com M.A., Interdisciplinary Consciousness Studies, JFK University Devon Deimler, Ph.D. Ph.D. in Depth Psychology/Mythological Studies, Pacifica Graduate devon@prs.org Institute M.A. in Mythological Studies, Emphasis in Depth Psychology, Pacifica **Graduate Institute** Bary Fleet, Ph.D. D.Min. Boston University, Pastoral Counseling Bary.Fleet@gmail.com Licensed Religious Science Practitioner Amit Goswami, Ph.D. Ph.D., Physics, University of Calcutta info@amitgoswami.org M.C.S., Physics, University of Calcutta Pierre Grimes, Ph.D. Ph.D., Philosophy, University of Pacific, CA pierregrimes@ymail.com M.A., Comparative Philosophy, University of Pacific, CA Laura Hallett M. Ed., Curriculum & Instruction, UNLV, NV <u>lhallett@csl.org</u> University of Innsbruck, Austria Stephan Hoeller, Ph.D. 323-467-2685 Professor Emeritus of Comparative Religion, University of Oriental **Studies** Johanna Janssen, Ed.D. Ed.D., Nova Southeastern University Ifeanyi59@gmail.com



Kim Kaiser, Ed.D. Ed.C., Counseling & Educational Psychology, University of San

kkaiser@holmesinstitute.edu Francisco

Jeffrey Mishlove, Ph.D. Ph.D., Parapsychology, University of CA., Berkeley jmishlove@thinkingallowed.com M. Crim., Criminology, University of CA, Berkeley

B.S., Psychology, University of Wisconsin

Dr. Andrew Newberg M.D., Perelman School of Medicine, University of Pennsylvania

B.A., Haverford College, University of Pennsylvania

Krista Noble, Ph.D. Ph.D., Vedic Science, Maharishi University of Management

vedicphilosophy108@gmail.com M.A., Vedic Science, Maharishi University of Management

Yosef Rosen, Ph.D. Ph.D., Jewish Studies, University of California, Berkeley

yosefrosen1@gmail.com Graduate Studies, Jewish Thought, Hebrew University, Jerusalem,

Israel

BA, Philosophy, Yeshiva University, NY

Martin Rossman, M.D. M.D., University of Michigan

mrmd555@aol.com B.A., Pre-Med, University of Michigan

Dr. Greg Salyer Ph.D., Literary Theory, Contemporary Literature, and Religious

greg@prs.org Studies from Emory University's Graduate Institute of the Liberal Arts

University of Pacific, McGeorge School of Law Tom Sannar, J.D.

dr.tomsannar@att.ent Author of over 20 books and pamphlets relating to Science of Mind

and Spirit.

Mark Waldman, B.A. B.A., University of California, Santa Cruz

markwaldman3@gmail.com Adjunct Faculty, Loyola Marymount University, Los Angeles

Co-Teaches with Dr. Andrew Newberg



## **Credit Hour Policy**

The institution documents policies and procedures used to define the chosen academic unit of measurement. Academic units are measured by either clock hours or credit hours. The Holmes Institute® distance education courses are three quarter credit hours each as measured pursuant to the recommendations of the American Council on Education. For each quarter credit hour assigned, students participate in a minimum of 10 hours of academic engagement and complete at least 20 hours of preparation.

Instructional time includes asynchronous and synchronous learning where students are gaining new information and interacting with faculty. Instructional time may include any of the following.

- Material provided by faculty consisting of audio and video lectures and detailed syllabi.
- Required documents, videos, slides, and other materials linked to course pages in the learning management system.
- News forum dialogues with faculty and peers.
- Other activities that include faculty interaction and involvement.

Courses contain instructional materials which are primarily in an audio format. Weekly, students listen to an audio lecture for each course. These audio lectures are one hour in duration and cover a good deal of material. It generally requires students to listen to these recorded lectures two to three times to absorb the materials. Students should listen to lectures twice, taking detailed notes during the second listening. All these interactions, including assessments and exams, are factored into determining the quarter credit hours assigned to each course.

Holmes Institute® relies on faculty subject matter experts to make the initial determination and follows up with student feedback to verify the amount of time spent on various course activities including the amount of time students spend in order to achieve course/program outcomes.

#### **Credit Transfers**

Consideration for transfer credits is program specific. The acceptance of credit earned at Holmes Institute for transfer credit into another institution is up to the discretion of the receiving institution. For consideration of transfer credit by Holmes Institute®, courses must have been taken within the seven-year period preceding the date of submission (except in rare and truly exceptional circumstances) and the credit transfer request must be submitted within one year of beginning courses. Students must provide a transcript from an accredited university and, if possible, the course syllabus any course work that was submitted to the original faculty. Each course being considered must meet or exceed the outcomes assessments for the requested Holmes Institute® course. Holmes Institute® does not transfer credits for life experience. Acceptance of transfer credit is solely up to Holmes Institute®.

Holmes Institute® students may request transfer credits as follows:

- Master's in Consciousness Studies maximum of 6 quarter credit hours (up to 2 Holmes Institute® courses)
- Certificate in Spiritual Education maximum of 3 quarter credit hours (1 Holmes Institute® course)



Students must submit a completed Transfer Credit Request Form with all supporting documentation and payment of \$150 evaluation fee for all courses submitted on that Transfer Credit Request form. In addition, there will be a \$100 fee for every three credits approved for transfer.

#### Course Change Fee

Once a registration period ends, any changes in course registrations requires a \$50 change fee that is paid directly to Holmes Institute/Centers for Spiritual Living. Once the term has started no changes in registration or late registrations are allowed for the Distance Education courses. Contact the Administrative Registrar if you have questions.

#### **Policies**

#### **Course Auditing**

Full tuition, plus permission of the instructor, is required for courses audited by Holmes Institute students. Registration is completed as instructed in this catalog.

#### Student Grievances

If any student has a complaint or grievance of any kind such as grades, schedule, perceived unfairness, etc., he or she is expected to go directly to the person involved. If the situation is not resolved at the level of the instructor and student, the student is expected to go to the Distance Education Dean to explore the situation and gain resolution. If the student is still not satisfied, he or she should contact the President of Holmes Institute® in writing. The President will respond to the student within 10 business days.

If students choose to submit a complaint to the State of Colorado Department of Higher Education, information shall be provided to them as to how to proceed. Should a student wish to lodge a complaint with DEAC, their address is Distance Education Accrediting Commission, 1101 17<sup>th</sup> Street NW Suite 808, Washington, DC 20036 202-234-5100.

Utah students may find the link to file a grievance at <a href="https://rules.utah.gov/publicat/code/r152/r152-34a.htm#T4">https://rules.utah.gov/publicat/code/r152/r152-34a.htm#T4</a>. Alaska students: the program is exempt from authorization under AS 14.48 and 20 AAC 17.015 because the program is online or distance delivered and does not have a physical presence in the state.

#### Registration and Class Attendance

Students have one year from the date of admission to start their coursework. Beginning with the first academic term of course participation, students have 6 years to meet all degree requirements for graduation. Students who do not complete their admission requirements or do not register for coursework within one year from date of admission must re-apply to the Holmes Institute® and meet the new admission and program requirements in effect.

#### Inclusiveness and Nondiscrimination

The Holmes Institute® practices inclusiveness among students, faculty, staff and administrators. The institute does not tolerate discrimination on the basis of race, color, national origin, sex, age, disability, creed, religion, sexual orientation or veteran status in admission, access to, or treatment in, its



educational programs and activities. The institute provides equal opportunity to all students. All students shall have the same fundamental rights to equal respect, due process, and fairness in academic assessments, which are based solely on factors demonstrably related to performance as, and expectations of, students. All students share equally the obligations to exercise basic standards of fairness, equity, and inquiry that should always guide education. Sexual discrimination will not be tolerated and all such situations should be reported promptly to the President of Holmes Institute®, CC Coltrain, at <a href="mailto:ccoltrain@holmesinstitute.edu">ccoltrain@holmesinstitute.edu</a>. The Institute provides reasonable accommodations for disabilities diagnosed by a qualified professional. Contact the ADA Compliance Coordinator with the email <a href="mailto:ada@holmesinstitute.edu">ada@holmesinstitute.edu</a>.

#### **Process for Requesting Accommodations Under the ADA**

Holmes Institute provides adequate and appropriate accommodations where needed. Holmes Institute® requests information about disability during the application process for two reasons: (i) to give the Institute ample time to arrange for any needed accommodations and (ii) to encourage students who will benefit from accommodations to request them early in the process. Of course, a student may request accommodations at any time during their educational program at Holmes Institute®.

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The ADA Compliance Coordinator will request a diagnosis in writing for the requesting student including, if possible, recommendations for appropriate accommodations. Once that is received, the student and the ADA Compliance Coordinator will discuss what accommodations are appropriate for the student. Accommodations may include longer time windows for exams; exams delivered and answered orally and recorded for grading review; extended completion times for coursework; and other accommodations to meet the student's individual needs.

The ADA Compliance Coordinator will then review the proposed accommodations with the appropriate faculty members to ensure that the faculty understands what is necessary and why, and to resolve any issues surrounding the practical implementation of the accommodations. Any questions concerning disability or accommodations should be brought to the attention of the ADA Compliance Coordinator, ADA@holmesinstitute.edu.

#### Withdrawal

A student may withdraw at any time by notifying the Administrative Registrar in writing (email, note, US mail) of his or her decision to withdraw from a course or from the program. If the student has not filled out a Request for Withdrawal form, the Administrative Registrar will forward that form to the student to be completed and returned. Any refunds will be calculated as of the date of receipt of the student's initial notice to the Administrative Registrar.

#### Re-admission

Students who must reapply for formal admission are:

• students who have not met their admission requirements within one year from the date of submitting an application.



- students who were admitted but did not register for any coursework within one year from the date of admission.
- students whose leave of absence exceeds one year.

Students who must reapply do so under the new admission and graduation requirements in effect at that time. Only students who return from a leave of absence in less than one year are exempt from reapplying. Prior coursework may be invalid under the new graduation requirements at the time of readmission. Coursework from a previous admission period is valid for a period of seven years.

#### Code of Conduct

We are dedicated to the teaching and practice of the spiritual principles found within the New Thought metaphysical tradition. As such, faculty, staff, and students are expected to behave in a manner reflective of these spiritual principles in their individual behavior and in their relationships with others.

#### Course Conduct and Etiquette

In order to ensure that courses provide a safe and positive learning environment, students and faculty are expected to be respectful of each other. Any of the following may be grounds for formal warning and possible dismissal.

- Failure to maintain a respectful attitude in Holmes Institute® courses and communications.
- Engaging in conduct that is deemed disruptive to the learning of others.
- Making defamatory statements that deliberately misrepresent others.

#### Non-Academic Dismissal

Individuals who violate the stated Code of Conduct will be disciplined and potentially subjected to further corrective action up to and including termination or expulsion. Therefore, students, staff, faculty, and other members of the school will be free of discrimination and harassment.

#### Academic Integrity

Student status is predicated on acknowledgment of and compliance with the spirit as well as the letter of standards and policies. Students who violate these standards – especially through such actions as personal or financial irresponsibility, plagiarism on exams or assignments, or other forms of dishonesty and lack of integrity—will come under review and remedial action. Dismissal from the Holmes Institute® may result. **Note:** The use of Internet material without proper citation is viewed as plagiarism, as is "lifting" a sentence or phrase from another author's work without citation.

All work submitted by a student must represent the student's original endeavor. When outside sources are used as references, the student must identify the source to make clear the extent to which the source has been used. Plagiarism and falsification of documents is a serious matter that will result in appropriate sanctions including loss of full or partial credit for the work, suspension for a specific period of time, or expulsion from the program. Acts of copyright infringement include, but are not limited to, misusing copyrighted material in one's coursework and misusing material for which the institution owns the copyright (i.e., web site materials, course materials, publications, etc.).

#### Academic Term Evaluations

Students have regularly planned assessment experiences, phone conferences and online discussion groups scheduled for each course. Each assessment or group activity is designed to enhance the learning



process and all students are expected to fully participate. Faculty members utilize these activities to facilitate good communication and weigh student participation in each planned activity when determining final grades. Students receive as much information as possible about their academic progress throughout each quarter. Additional student evaluations and surveys may be conducted as needed to assess student success and program quality.

Students complete evaluations at the end of every distance education course to assess student satisfaction with course content, faculty and ability to meet goals.

#### Student Privacy Policies (FERPA)

Under the Family Education Rights and Privacy Act of 1974 (FERPA), eligible students are afforded certain rights pertaining to school records and personally identifiable information on file with the institution. An eligible student is defined as any person who is currently enrolled or has been enrolled in the institution's program. It is the policy of the institution to treat all student information, both personal and academic, as strictly confidential. The only exception(s) may be made when using a student's name and email address in course directories, chat rooms, and the like.

Students may request access to their academic records from the Administrative Registrar. Student information is not available to any outside party unless the student requests, by written authorization, the records to be shared. This written consent must include:

- the purpose of the disclosure
- the records that may be disclosed
- the party or class of parties to whom the disclosure may be made
- a signature and date

#### Satisfactory Academic Progress

Throughout their enrollment, students are required to maintain Satisfactory Academic Progress (SAP), as defined by the following factors:

- Qualitative Measure: Students are required to maintain a cumulative grade point average (GPA) of at least 3.0 (a "B" average).
- Quantitative Measure: Students are required to maintain a completion pace of at least 67%\*.
- Maximum Timeframe Measure: Students are required to attempt at least one course in three
  out of four quarters in an academic year to ensure they continue progressing towards program
  completion within the maximum timeframe. (See the Leave of Absence Policy for more
  information.)

Courses where the final letter grade earned is A through D- are considered both attempted and completed. Courses where the final letter grade earned is F, W, or I are considered attempted but not completed. Holmes Institute's President reviews all student enrollment activity and grades quarterly to evaluate student Satisfactory Academic Progress.

<sup>\*</sup>Completion pace is defined as the number of courses completed, divided by the number of courses attempted.



#### Academic Probation

Students who fail to maintain SAP as defined above are subject to Academic Probation. Students on Academic Probation have three quarters to regain SAP. During that time, students are encouraged to meet with their advisor at least three times to discuss options for improving their academic standing. The advisor provides assistance and may include the following topics.

- Taking a leave of absence if life circumstances are interfering with the student's performance (during which time, a student's academic probation period would be paused).
- Acquainting the student with resources in the student lounge such as writing resources, tips for successfully interacting with professors, and tips for using their news forums.
- If necessary, the advisor suggests third party online and in-person resources regarding study skills, academic writing, etc.
- Students can be advised to retake a class where a higher grade would replace the former grade and result in an improved cumulative GPA.

Should the student fail to regain SAP by the end of the three quarters Academic Probation period, they will be dismissed from the program. The student can appeal this decision by submitting documentation to the President that clearly demonstrates that exceptional circumstances led to the student's inability to regain SAP in a timely manner. The provided documentation is reviewed by the student's advisor, President, and Chief Academic Officer. If the student is approved to continue, the student is provided clear instructions including the number of additional quarters they have to regain SAP, whether any particular support measures must be used, and if any specific courses must be retaken for GPA improvement. If a student is not approved to continue, they will be informed in writing of the dismissal decision.

#### Leave of Absence

A student may take one quarter off, without class registration, per year, by notifying his or her Advisor. If the student desires or finds it necessary to take an additional quarter or quarters off, the student must discuss the situation with the Advisor and the request must be approved by the Advisor after discussion. A student may request a Leave of Absence of not more than one year by filling out and submitting a Request for Leave of Absence form, which is obtained from the Administrative Registrar. Upon return of the form and beginning of the leave of absence, the student's record is changed to reflect the starting date of the leave of absence. For example, if a student takes off spring quarter 2021, then summer quarter 2021, and then asks for a formal leave of absence, the one-year limitation on length of leave of absence begins with spring quarter 2021.

If the student taking a leave of absence does not return to regular coursework at the end of the one-year period, he or she will be dismissed from the Institute. If the student contacts his or her advisor to report exigent circumstances preventing timely return, the situation will be reviewed by the President, the student's advisor, and the Chief Academic Officer and a decision made as to whether to extend the duration of the student's leave of absence. If an extension is granted, it will be for a specific number of additional quarters and will be communicated in writing.

During the term of the leave of absence, the student will be noted as "LOA" rather than as "continuing" for purposes of calculating persistence or retention. Taking a leave of absence does not increase the maximum time for completing the program (six years).



### Grading

Students are expected to be committed to their program of study and to accept responsibility for all program and course requirements. Students are expected to show pride in the integrity and quality of their academic coursework and successfully demonstrate proficiency in all skill and competency areas.

A = 4 points, A- = 3.7 points (A+ = 100-98%, A = 97.99-93%, A- = 92.99-90%)

Exceptional: participates and contributes generously to class discussions and conferences; completes all assignments on time; demonstrates exceptional grasp of the subject and/or skill being taught; and passes all examinations and assessment experiences at the level of excellence set by the instructor for this grade.

B= 3 points, B+ = 3.3 points, B- = 2.7 points (B+ = 89.99-87%, B = 86.99-83%, B- = 82.99-80%)

Above average: participates willingly in class discussions, conferences, and exercises; demonstrates a superior grasp of the subject and/or skill being taught; completes all assignments; and passes all examinations and assessment experiences at the level of excellence set by the instructor for this grade.

C = 2 points, C+ = 2.3 points, C- = 1.7 points (C+ = 79.99-77%, C = 76.99-73%, C- = 72.99-70%) Maintains a positive attitude throughout the course; demonstrates a rudimentary grasp of the subject matter and/or skill being taught; and passes all examinations and assessment experiences at the basic level set by the instructor for this grade.

D = 1 points, D+ = 1.3 points, D- = .7 points Barely passing. Not typically used in graduate work.

### F = 0 points

Not passing: has made no discernible progress in the acquisition of knowledge and/or skills being taught; has failed to turn in one or more of the assignments; and has performed unsatisfactorily on reports, projects, or examinations. It can also mean students have missed more than the prescribed number of class sessions and/or assignments, exhibited a poor or unprofessional attitude, or have refused to participate or cooperate. Excessive "F's" at term end will mean strict probation or immediate dismissal. A grade of "F" requires students to repeat the course.

I = 0 points

NC = No Credit

TC = Transfer Credit

### <u>Incomplete (course extension policy)</u>

A grade of "I" (incomplete) may be given any time there are incomplete assignments due to exceptional circumstances, including illness of student or other person for whom the student provides care, death of a close friend or family member, accident involving the student or close family member or other person for whom the student provides care, or travel exigency created by circumstances outside the student's control. Other exceptional circumstances may apply and should be addressed on a case-by-case basis. If the instructor has questions as to whether granting an incomplete is appropriate in the circumstances, they are to discuss the issue with the Chief Academic Officer.



The instructor's approval must be obtained prior to the end of the course to receive an incomplete. The "I" must be cleared within the quarter following the end of the term, unless other arrangements are made with the instructor for *exceptional* circumstances, such as unforeseen illness, accident, or death as noted above. If not cleared, the grade will automatically become an "F" and the course must be repeated and full tuition paid when the course is next offered, usually the following academic year. It is the responsibility of the student to contact the instructor and remove an "I" by completing the required work. No grade change will be issued without written confirmation to the Administration Office by the instructor.

### Written Assignment Grading Scale

Your grade is evaluated on the degree to which your paper:

#### Α

Includes the minimum requirements listed in "B" and "C" papers plus:

- Shows your grasp of key concepts and distinctions covered in the course.
- Insightful comment and coherent critique of key ideas and distinctions.
- Originality and creative application of key ideas and distinctions to a relevant theme of your own choosing. [Example: Not only using key concepts and distinctions, but presenting clear and coherent comment or critique of (in support of, or against) these ideas and distinctions.]
- Reflects writing/thinking which is truly exceptional. It demonstrates a thesis of unusual
  originality or organization or style as well as conceptual complexity or reveals extensive
  imaginative use of course materials. In addition, the essay is free of basic errors and adheres in
  all cases to the elements of appropriate formatting. (see A Manual for Writers of Research
  Papers by Kate Turabian et al for formatting guidelines.)
- The student has taken up an angle of vision towards the material such that some new understanding emerges from his/her engagement with it. If the paper is to be primarily expository, then both the scope and the quantity of the material discussed is outstanding, going well beyond the basic requirements of the assignments.

### В

Minimum Requirements (as below, plus)

- Comprehensiveness (the more material you include the better).
- Application to your own experience (include real-life examples). [Example: Using concepts and distinctions learned in the course to help clarify some personal experience.]
- Demonstrates a solid grasp of course materials, a clear, well organized presentation and a thesis
  that is consistently developed throughout the paper. The work represents a thorough synthesis
  and commentary on the material that, while not necessarily moving the ideas into any new or
  original terrain, nonetheless reveals a sure and deep understanding of it and a competent
  expression of that comprehension. If the paper's intention is to move towards personal insight
  based on the course material, then this category of grade reveals some original discovery.

### C

### Minimum Requirements

- Paper is relevant to the material covered in the course (texts and lectures) and shows your grasp of key concepts and distinctions covered in the course.
- Coherency / Conceptual clarity Example: Clear and straightforward summaries, in your own words, of material covered in the course.



- Reflects work that shows a familiarity with the course material, but is perhaps too personal or
  too subjective, and lacks a clear thesis and focus, does not engage in any sustained way the idea
  or image, or has repeated errors in writing, formatting and facts. Where subjective writing is
  called for, the paper lacks an adequate grasp of the necessary underlying theory developed in
  the course and is therefore overly subjective. It contains many assertions that have no support
  or authoritative voice to help support what is said and assumes that the reader will simply
  accept what is declared at face value.
- Absent in C work is any original thought, complexity, subtlety or reflective sense of the ideas or insights from the course.

### **Below**

Not generally acceptable in graduate work. Reflects generally scattered and unfocused writing that includes course material only minimally, is almost entirely personal, has no discernible thesis, tends to drift from one idea to another and is flawed in writing, format and style. It is absent of any elegance in thought or expression. The format is arbitrary and inconsistent with the accepted rules governing documentation and style in presentation. It appears as the product of carelessness, speed and a lack of any deep reflection, evidenced most prominently by sloppy proofreading or extreme brevity or scattered notes, incomplete form or failure to develop a thought with any finesse, subtlety, or overall coherence.

D = 1 points, D+ = 1.3 points, D- = .7 points Barely passing. Not typically used in graduate work.

### F = 0 points

Not passing: has made no discernible progress in the acquisition of knowledge and/or skills being taught; has failed to turn in one or more of the assignments; and has performed unsatisfactorily on reports, projects, or examinations. It can also mean students have missed more than the prescribed number of class sessions and/or assignments, exhibited a poor or unprofessional attitude, or have refused to participate or cooperate. A grade of "F" requires students to repeat the course.

### Student Identity Verification Policy

The application packet requires students to submit a government-issued photo ID (e.g., driver's license or passport). Some exams are proctored and students are required to show the proctor a government-issued photo ID.

### **Transcripts**

Official transcripts are available through the Administrative Registrar during normal business hours: Monday through Thursday 8:00 am to 5:00 pm Mountain Time.

### Academic Freedom

The Holmes Institute® honors the expertise of its faculty and provides the freedom to teach, dialogue, assess, and discuss academic issues with students without threat of any reprisals or intimidation.

### Course Cancellations

The Holmes Institute® reserves the right to cancel courses if student enrollment is insufficient.



### **FAQs**

### What computer skills do I need?

Having a basic computer literacy and the skills to communicate with others on the Internet are required of all entering students. All students must have regular access to e-mail and have a dedicated e-mail address to fully participate in their program of study. All students must have access to a web browser to access the Student Portal which is the structure through which all distance courses are delivered. Chrome is the recommended web browser. All courses utilize news forums. All courses also regularly utilize e-mail with the faculty and other students throughout the academic year, and videoconferences using Zoom regularly occur between faculty and students. Therefore, all students must have a computer with a camera and microphone and adequate bandwidth to accommodate videoconferencing.

### How do I withdraw from courses or scheduled events?

Students may withdraw at any time by giving written notice to the Administrative Registrar. Please send, by email, note, or US mail, a written request for withdrawal to the Administrative Registrar. You will be asked to complete a Request for Withdrawal form, which is used to ensure refunds and removal from the institution's database and LMS for the course. A "W" will be noted on your transcript. If you are unable to complete the course because of some serious disability or extenuating circumstances, you may request an "I" (Incomplete) for the course and negotiate a completion date. If the Incomplete is not completed and a grade is not submitted by the instructor by the end of the following term (unless arrangements are made with the instructor for exceptional circumstances), the I with be replaced with an F and you will need to retake (and pay for) the course.

### What about exams?

Each distance course has assessments (exams, projects, and/or papers) and teleconference requirements.

### May I Audit a Course?

Full tuition is required for audited courses. Registration is completed as instructed in this catalog.

### What are the time limits for attendance?

Students have one year from the date of their admission to start their coursework. Beginning with the first academic term of course participation, students have six years to meet all degree requirements for graduation.

# What resources are available if I am having difficulty with my course work or a question about my final grade?

Please contact the Student/Faculty Support Coordinator or the President of Holmes Institute, who are always happy to discuss such matters with students.

Matthew Taylor, Student/Faculty Support Coordinator

Email: mtaylor@holmesinstitute.edu

Dr. CC Coltrain, President Phone (937) 305-8698

Email: ccoltrain@holmesinstitute.edu



## Who do I contact to change my contact information?

Dar Herfurt, Administrative Registrar Phone: 720-279-8992, Fax: 303-526-0913

Email: <a href="mailto:dherfurt@csl.org">dherfurt@csl.org</a>



## **Library Resources**

You may contact the librarian at <a href="mailto:librarian@holmesinstitute.edu">librarian@holmesinstitute.edu</a>.

### **Google Scholar**

Provides a search of scholarly literature across many disciplines and sources, including theses, books, abstracts and articles.

http://scholar.google.com/

### **Google Books**

Google Books is a service that searches the full text of books and magazines that Google has scanned, converted to text using optical character recognition, and stored in its digital database. It includes large selections of works that pertain to the subjects in consciousness studies. https://books.google.com/

### The Online Books Page

A website that facilitates access to books that are freely readable over the Internet. <a href="http://onlinebooks.library.upenn.edu/">http://onlinebooks.library.upenn.edu/</a>

### **Bartleby**

The preeminent internet publisher of literature, reference and verse providing students, researchers and the intellectually curious with unlimited access to books and information on the web, free of charge. <a href="http://www.bartleby.com/">http://www.bartleby.com/</a>

### **Project Gutenberg**

Offers over 54,000 free eBooks: Choose among free epub books, free kindle books, download them or read them online. You will find the world's great literature here, especially older works for which copyright has expired. We digitized and diligently proofread them with the help of thousands of volunteers.

http://www.gutenberg.org/wiki/Main Page

### **Perseus Digital Library**

An evolving collection of resources for the study of the ancient world, including archaeology, atlas, texts and translations, text tools and lexica.

http://www.perseus.tufts.edu/hopper/

### **The 8 Best Digital Libraries**

Books, maps, films and audio-books that would be difficult to find in physical form. http://www.faena.com/aleph/articles/the-8-best-digital-libraries/

### **Science of Mind Archives & Library Foundation**

The archives and library are located in Golden, CO where they occupy a designated leased space within the international headquarters for the Centers for Spiritual Living. This facility is secure and climate-appropriate to ensure our precious documents and artifacts are preserved.

Archived items include photographs, poetry, class and lecture tapes and transcripts, radio talks, class curricula, manuscripts, letters, and videos as well as all of Holmes' published books. Other items preserved in the Archives are a complete run of Science of Mind and Creative Thought magazines, rare



books by early New Thought writers, and meeting minutes of the Religious Science organizations from their inception.

The Archives library has approximately 12,000 volumes of new and rare books by metaphysical authors, great theologians, and popular self-help authors. It is one of the largest collections of metaphysical books in the United States. We are constantly adding materials today...for the history of tomorrow.

The website is an invaluable resource for students, researchers, historians and spiritual seekers around the world. It contains hundreds of published and unpublished writings of Dr. Ernest Holmes and key leaders of the New Thought Movement. It offers books, pamphlets and magazines as well as collections of other New Thought writings. Audio recordings of master teachers of our movement as well as videos of Wise Sages are also available.

The Archives is dedicated to presenting a complete library of Science of Mind in digital, searchable format. Check back frequently to see what is new at the Archives! <a href="http://scienceofmindarchives.com/">http://scienceofmindarchives.com/</a>



### **Tuition Refunds**

Students may withdraw from the program at any time by providing written notice in any form to the Administrative Registrar. If a student cancels within five days of signing the enrollment agreement, he/she receives a refund of all monies paid. If the cancellation is provided after five days of signing the enrollment agreement, the student will receive a refund of all tuition paid, but the application fee of \$75 and the enrollment fee of \$200 are non-refundable.

To withdraw from a course, the student may give written notice in any form to the Administrative Registrar. The student will be asked to fill out and return to the Administrative Registrar a Withdrawal Request form. If a student decides to withdraw from a course within the first five days after the close of the applicable registration period, the student will receive a full refund of tuition for that course. After the five business days, but before the end of the academic term, the tuition refund will be calculated as follows:

Percentage of	Percentage of Course Tuition	Percentage of Course Tuition	
Course Elapsed	Returned to the Student*	Retained by the Institution	
Up to 10%	90%	10%	
10%-30%	75%	25%	
30%-50%	50%	50%	
50%-100%	0%	100%	

<sup>\*</sup>Except as noted above, the one-time program application fee (\$75) and program enrollment fee (\$200) are non-refundable.

All refunds are processed within 30 days of receipt of the initial withdrawal request. Example: If there are 10 lessons in a 3-credit hour distance education course and a student completes 1 lesson: 1 divided by 10 = 10% completed. Thus:  $$525.00 \times .90 = $472.50$  to be refunded.

Under certain circumstances, the entire amount of the tuition may be refundable. The reason(s) for withdrawal are supplied on the Withdrawal Request and a decision made by the student's advisor and the President or Provost of Holmes Institute.

Payment in full is due for all courses at the time of registration.



## Student Lounge

Students are assigned a unique username and password to access their curriculum in Moodle. Faculty carefully review all student submissions for any anomalies that may indicate a student is not submitting original work.

The Student Lounge is your continually updated source for information. It is very important that you are familiar with this information and that you check the student lounge often. The Administrative Registrar will enroll you in the Student Lounge.

To access the Student Lounge, go to www.holmesregistration.org and at the bottom of the page, first click the Holmes Institute® folder then click the Student Lounge folder.

- Section I Books, news forums
- Section II Contact information, faculty directories by term
- Section III Academic calendars & current catalog
- Section IV Orientation, Technology and Registration
- Section V Student Tips, Grading Policies, Late Papers, Inquiries, Taxes
- Section VI Library resources
- Section VII Sample distance education syllabi for planning purposes only
- Section VIII What to Do to Complete Your Program
- Section IX Capstone Exam information

All the instructions for accessing your video and audio files are detailed in the Holmes Institute® technology instructions, Section IV of your Holmes Student Lounge.

By downloading video and audio files you are agreeing of the following confidentiality agreement: As students of spiritual leadership, we are dedicated to ensuring that the spiritual leadership education process produces the best leaders possible. Sharing course materials with those who are not enrolled in these courses excludes access to teachers, fellow students and participation in other aspects of the curriculum. Offering this material in such an incomplete manner would jeopardize the reputation of the school and the education it offers. Therefore, I agree to not share any portion of these class materials in electronic or any other form of media with anyone not enrolled in these courses.



## **Tracking Forms**

## Master's in Consciousness Studies

Education, 3 units EDU 501 Research Methodology* 3 Leadership, 6 units LAD 503 Outer and Inner Creativity 3 LAD 503 Fostering a Noble Purpose 3 LAD 504 Facilitating Virtual Spiritual Community* 3 LAD 505 Theory and Practice of Spiritual Leadership 3 Philosophy, 9 units PHI 502 Classical Philosophy † 3 PHI 504 Mind in the Cosmos ‡ 3 PHI 505 Birth of Consciousness in Early Greek 3 Thought † 3 PHI 506 Writing of Thomas Troward ‡ 3 PHI 507 Emerson and American Idealism ‡ 3 PHI 508 Paradigms of Consciousness† OR 3 PHI 509 Mythology, Cosmology & Worldview† 3 PSychology, 6 units PSY 504 Speaking Earth* 3 PSY 503 Wm. James & the Stream of Consciousness* Religion, 18 units REL 501 World Religions* 3 REL 502 Spiritual Philosophies of the West 3 REL 503 Wisdom of Kabbalah 3 REL 504 Understanding the Bible* 3 REL 505 Upanishads and Bhagavad Gita 3 REL 506 Buddhism in the Modern World 3 REL 507 Gnosticism 3 REL 508 Wisdom of Islam 3 REL 509 Eclectic Writings of Holmes 3 REL 509 Eclectic Writings of Holmes 3 REL 500 African Americas Diasporic Spirituality 3 Science and Spirituality, 12 units SSP 500 Spirituality, 12 units SSP 501 The Quantum Doctor 3 SSP 503 Attending to Earth: Contemporary 3	Course	Title	Units	Completion Data	Grade		
EDU 501   Research Methodology*   3			Units	Completion Date	Grade		
Leadership, 6 units  LAD 501 Outer and Inner Creativity 3 3							
LAD 501 Outer and Inner Creativity 3   LAD 503 Fostering a Noble Purpose 3   LAD 504 Facilitating Virtual Spiritual Community* 3   LAD 506 Theory and Practice of Spiritual Leadership 3   Philosophy, 9 units   PHI 502 Classical Philosophy † 3   PHI 504 Mind in the Cosmos ‡ 3   PHI 505 Birth of Consciousness in Early Greek 7   Thought † 3   PHI 506 Writing of Thomas Troward ‡ 3   PHI 507 Emerson and American Idealism ‡ 3   PHI 508 Paradigms of Consciousness† OR 3   PHI 509 Mythology, Cosmology & Worldview † 3   PSyshology, 6 units   PSys 504 Speaking Earth* 3   PSY 503 Wm. James & the Stream of Consciousness*   Consciousness*   Religion, 18 units   Religion, 18 units   Rel 502 Spiritual Philosophies of the West 3   REL 503 Wisdom of Kabbalah 3   REL 504 Understanding the Bible* 3   REL 505 Upanishads and Bhagavad Gita 3   REL 506 Buddhism in the Modern World 3   REL 507 Gnosticism 3   REL 508 Wisdom of Islam   REL 509 Eclectic Writings of Holmes 3   REL 500 Psi Research 3   SSP 500 Spirituality, 12 units   SSP 501 The Quantum Dotor 3   SSP 505 Spirituality and the Brain* 3   SSP 505 Attending to Earth: Contemporary 3   ASSP 509 Attending to Earth: Contemporary 3   ASSP 509 Attending to Earth: Contemporary 3   ASSP 509 Attending to Earth: Contemporary 3   ASSP 500 Attending to Earth: Contemporary 3   ASSP 500 Attending to Earth: Contemporary 3   ASSP 500 Attending to Earth: Contemporary 3			3				
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LAD 506 Theory and Practice of Spiritual Leadership 3 Philosophy, 9 units PHI 502 Classical Philosophy † 3 PHI 504 Mind in the Cosmos ‡ 3 PHI 505 Birth of Consciousness in Early Greek Thought † 3 PHI 506 Writing of Thomas Troward ‡ 3 PHI 507 Emerson and American Idealism ‡ 3 PHI 509 Paradigms of Consciousness† OR 3 PHI 509 Mythology, Cosmology & Worldview† 3 Psychology, 6 units PSY 504 Speaking Earth* 3 PSY 503 Wm. James & the Stream of Consciousness* Religion, 18 units REL 501 World Religions* 3 REL 502 Spiritual Philosophies of the West 3 REL 503 Wisdom of Kabbalah 3 REL 504 Understanding the Bible* 3 REL 505 Upanishads and Bhagavad Gita 3 REL 506 Buddhism in the Modern World 3 REL 507 Gnosticism 3 REL 508 Wisdom of Islam 3 REL 509 Eclectic Writings of Holmes 3 REL 509 Eclectic Writings of Holmes 3 REL 509 Psi Research 3 SSP 500 Spirituality; 12 units SSP 501 Spirituality, 12 units SSP 502 Spirituality and the Brain* 3 SSP 506 Essentials of Mind/Body Medicine 3 SSP 507 The Quantum Doctor 3 SSP 509 Attending to Earth: Contemporary 3							
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	SSP 508	Spirituality and the Brain*	3				
Leological Hought	SSP 509	Attending to Earth: Contemporary Ecological Thought	3				

<sup>\*</sup>required

‡one of the three are required

<sup>†</sup>one of the two are required



## Certificate Spiritual Education

Course	Title	Units	<b>Completion Date</b>	Grade			
Leadership, 3 units							
LAD 504	Facilitating Virtual Spiritual Community*	3					
LAD 506	Theory and Practice of Spiritual Leadership	3					
Philosoph	Philosophy, 6 units						
PHI 502	Classical Philosophy †	3					
PHI 504	Mind in the Cosmos	3					
PHI 505	Birth of Consciousness †	3					
PHI 506	Writing of Thomas Troward	3					
PHI 507	Emerson and American Idealism	3					
PHI 508	Paradigms of Consciousness† OR	3					
PHI 509	Mythology, Cosmology & Worldview†	3					
Psycholog	gy, 3 units						
PSY 504	Speaking Earth*	3					
Religion,	9 units						
REL 501	World Religions*	3					
REL 502	Spiritual Philosophies of the West	3					
REL 503	Wisdom of Kabbalah	3					
REL 504	Understanding the Bible*	3					
REL 505	Upanishads and Bhagavad Gita	3					
REL 506	Buddhism in the Modern World	3					
REL 507	Gnosticism	3					
REL 508	Wisdom of Islam	3					
REL 509	Eclectic Writings of Holmes	3					
REL 510	African Americas Diasporic Spirituality	3					
Science a	nd Spirituality, 6 units						
SSP 503	Science and Spirituality*	3					
SSP 508	Spirituality and the Brain*	3					
SSP 509	Attending to Earth: Contemporary Ecological Thought	3					

<sup>\*</sup>required

<sup>†</sup>one of the two are required



## **Governing Body and Advisory Councils**

Holmes Institute® is part of Centers for Spiritual Living, a Colorado not-for-profit organization teaching the American metaphysical philosophy known as Science of Mind and Spirit. Holmes Institute® offices are located in the home office of Centers for Spiritual Living at 579 Park Point Drive, Golden, CO 80401.

The governing body of Centers for Spiritual Living is its Leadership Council. Members are:

**Rev. Dr. Edward Viljoen**Spiritual Leader, Centers for Spiritual Living

**Rev. Sunday Coté** Field Leader

**Dr. Paula Gable, Transitional Executive Director**Executive Director

**Dr. David Alexander**Minister Member, Chair

Tony Diaz Practitioner Member, Vice Chair

Ayodele McClenney Practitioner Member, Secretary

Rev. Alice Reid Minister Member, Treasurer Rabin Mendis Laity Member Rev. Norm Bouchard Minister Member Shannon Williams Laity Member

Executive Team members are noted in bold print.

Holmes Institute® also works with an Outside Advisory Committee of individuals with experience in higher education. Members of the Outside Advisory Committee are:

Jack Warner, Ed.D. Lane Davis, Ph.D. Christopher Westgate, Ph.D.